



2011 USAPL NC State Powerlifting Bench Press Championships

Name	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	Total	
WOMEN'S RAW															
OPEN															
Amanda Padgett	95	231	-243	231*	121	132	-138	132	364	292	314	-325	314*	678*	State Record/ Best lifter
Morgan Mitchell	-85	193	204	204*	116	-127	-127	116*	320	215	226	237	237*	557*	State Record/ Best lifter
Dawn Rabineau	55	127	138	138	110	116	121	121	259	187	209	220	220	480	
Gina St.Clair -guest lifter	-	-	-	55	55	-	-	55	110	55	-	-	55	165	
Sarah Walls	62.5	149	165	165	-116	-127	-127	0	0	182	193	-204	193	0	
Laurie Middleswarth	138	314	325	325*	-187	193	198	198*	524	397	408	419	419*	942*	Junior American /State Record/ Best lifter
Christa Librizzi	-62.5	138	204	204*	149	-176	-176	149*	353	154	220	-303	220*	573*	Junior American Record
MEN'S RAW															
MASTER'S 60-69															
Jay Halprin	130	-320	320	320*	204	-226	-226	204	524	375	413	419	419	942*	Master's American record/State Record
MASTER'S 50-59															
Mark Robb	235	557	568	568	347	369	-380	369	937	584	-623	0	584	1521	Master's American Record/Best Lifter
Allen Davis	205	-485	485	485*	347	358	-364	358*	843	502	-518	518	518	1361*	Master's State Record
David Abbott	190	452	463	463*	331	364	380	380*	843	419	468	480	480	1323*	Master's American/Master's State Record
MASTER'S 40-49															
Chad Rexrode	225	518	524	524	-369	369	386	386	909	502	535	-540	535	1444	
Travis Pardue	193	452	468	468*	292	309	-320	309	777	529	557	579	579	1334*	Master's American Record
Greg Pernel	215	502	529	529	336	353	-369	353	882	474	507	524	524	1405	
Jim Crosby	150	342	364	364	254	276	-287	276	639	397	452	-496	452	1091	
Ronnie Garner	87.5	220	-237	220	187	215	-220	215	435	303	325	353	353	788	
TEEN 16-17															
Chase Pernel	125	292	0	292*	165	176	-182	176*	468	347	364	-380	364	832*	Teen State Record/Best Teen Lifter
Corey Anderson	-128	-281	281	281*	204	-215	-215	204*	485	325	331	342	342	827*	Teen State Record



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TEEN 14-15															
Brian Tiderman	148	347	358	358*	187	198	0	198	557	413	446	0	446*	1003*	Teen American Record/State Record
Kyle "speck" Drum	67.5	-165	198	198	143	149	-160	149	347	204	-254	254	254	601	
Jimmy Merriman Jr.	148	353	358	358*	204	-216	216	216*	574	375	408	419	419	993*	Teen American Record
MEN'S 132															
Chase Pernell	125	292	0	292*	165	176	-182	176	468	347	364	-380	364	832	Open State Record
MEN'S 148															
Kurtis F. Salzman	148	-347	-347	325	209	220	226	226	551	446	-463	463	463*	1014	Open State Record
Deron Euland	120	298	-309	298	243	292	-298	292*	590	314	386	402	402	992*	Open American Record/State Record
John Delgado	113	276	298	298	-237	243	259	259	557	358	369	380	380	937	
Ronnie Garner	87.5	220	-237	220*	187	215	-220	215*	435	303	325	353	353	788*	Open State Record
Kyle "speck" Drum	67.5	-165	198	198	143	149	-160	149	347	204	-254	254	254	601	
MEN'S 165															
Jonathan Peebles	173	419	435	435	303	325	-347	325	761	452	502	540	540	1301	
Travis Bates	165	386	-402	386	281	298	-309	298	683	463	502	-529	502	1185	
Jay Halprin	130	-320	320	320	204	-226	-226	204	524	375	413	419	419	942	
MEN'S 181															
Travis Pardue	193	452	468	468*	292	309	-320	309	777	529	557	579	557	1334	Open State Record
Richard P. Bunch III	165	391	-408	391	231	243	-254	243	634	452	474	502	502	1135	
Brian Pettis	158	364	-369	364	237	254	265	265	628	419	452	0	452	1080	
Ryan Wood	153	358	-369	358	231	248	265	265	623	336	347	358	358	981	Raw Best Lifter
Joseph Grachen	62.5	0	0	138	254	276	-303	276	413	347	380	402	402	816	
MEN'S 198															
Chad Rexrode	225	518	524	524	-369	369	386	386	909	502	535	-540	535	1444	
Allen Davis	205	-485	485	485	347	358	-364	358	843	502	-518	518	518	1361	
Will Hayes	175	419	0	419	287	-303	-303	287	705	468	502	-535	502	1207	
Jeremy Scott	138	0	0	303	254	-281	-281	254	557	502	-546	-546	502	1058	



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	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	Total
Sean Healy	125	303	331	331	226	243	254	254	584	353	369	402	402	987
MEN'S 220														
Chad Workman	-218	518	529	529	342	364	375	375	904	535	568	601	601	1505
Greg Pernell	215	502	529	529	336	353	-369	353	882	474	507	524	524	1405
John Demchak	200	463	485	485	254	-270	-270	254	739	513	551	-573	551	1290
Tom Geist	165	391	419	419	303	336	358	358	777	452	480	502	502	1279
Ted Willsey	170	-413	413	413	287	303	-325	303	716	408	446	485	485	1202
Nicholas A. Jackson	150	358	-380	358	243	276	-309	276	634	446	502	-524	502	1135
Jim Crosby	150	342	364	364	254	276	-287	276	639	397	452	-496	452	1091
MEN'S 242														
Mark Robb	235	557	568	568	347	369	-380	369	937	584	-623	0	584	1521
David Abbott	190	452	463	463	331	364	380	380	843	419	468	480	480	1323
Chris Cambell	200	468	485	485	402	424	-430	424	909	413	0	0	413	1323
MEN'S 275														
Richard Wilcox	228	551	579	579*	402	441	463	463	1042	601	639	661	661	1703* State Record
MEN'S EQUIPPED														
MASTER'S 60-69														
Mike Facteau	185	457	-491	457*	-347	347	-386	347*	805	430	-463	-468	430*	1235* Master State Record
Jimmie "Fossil" McCann	-175	386	0	386	314	336	-353	336	722	386	402	424	424	1146
MASTER'S 40-49														
Donald Huntsinger	218	518	546	546	265	287	-303	287	832	435	468	-491	468	1301
Adam Yezer	47.5	0	0	105	-358	-358	358	358	463	226	314	358	358	821
TEEN 18-19														
Michael McCoy	-298	656	689	689*	502	518	535	535*	1224	661	700	-711	700	1924* Teen State Record



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	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	Total
TEEN 16-17														
Dylan Short	145	-336	336	336	193	215	220	220	557	336	347	358	358	915
MEN'S 181														
Mike Facteau	185	457	-491	457	-347	347	-386	347	805	430	-463	-468	430	1235
Adam Yezer	47.5	0	0	105	-358	-358	358	358	463	226	314	358	358	821
MEN'S 198														
Chris Bright	193	452	485	485	342	375	-402	375	860	474	502	-540	502	1361
MEN'S 242														
Donald Huntsinger	218	518	546	546	265	287	-303	287	832	435	468	-491	468	1301
MEN'S 275														
Michael McCoy	-298	656	689	689	502	518	535	535	1224	661	700	-711	700	1924
Jimmie "Fossil" McCann	-175	386	0	386	314	336	-353	336	722	386	402	424	424	1146

Full Power Best Lifter

Bench Press Results Name	BP-1	BP-2	BP-3	BEST BENCH	(1) PL Total
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WOMEN'S RAW

MASTER'S 40-49					
Susan Albertson	70	171	-182	171*	77.5 Raw Women's Master's State Record
MASTER'S 60-69					
Kathy Chasserot	37.5	-88	88	88*	40 Raw Women's Master's State Record
WOMEN'S 198					
Susan Albertson	70	171	-182	171*	77.5



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WOMEN'S 123

Kathy Chasserot	37.5	-88	88	88*	40
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MEN'S RAW

MASTER'S 60-69

Barry Ryalls	87.5	215	220	220	100
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MASTER'S 50-59

Allen Davis	158	358	-364	358	163
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David Abbott	150	364	380	380	173
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Samuel Whitted	143	325	-336	325	148
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John Viselli	105	-243	243	243	110
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MASTER'S 40-49

Steve Turlington	125	292	309	309	140
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TEEN 16-17

Corey Anderson	92.5	-215	-215	204	92.5
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TEEN 14-15

Matthew "threads" Koe	80	204	-233	204*	92.5	Raw Teen Single Lift State Record
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Jimmy Merriman Jr.	92.5	-216	216	216	0
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MEN'S 148

Deron Euland	110	292	-298	292*	133	Raw State Record
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MEN'S 165

Matthew "threads" Koe	80	204	-233	204	92.5
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MEN'S 181

Steve Turlington	125	292	309	309	140
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Warren Flowers	128	303	-309	303	138
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John Viselli	105	-243	243	243*	110	Raw Single Lift State Record
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Barry Ryalls	87.5	215	220	220	100	
MEN'S 198						
Allen Davis	158	358	-364	358*	163	Raw Master's Single Lift State Record
MEN'S 220						
Tom Geist	138	336	358	358	163	
Samuel Whitted	143	325	-336	325	148	
Ted Willsey	130	303	-325	303	138	
Jonathan Turlington	125	292	-303	292	133	
MEN'S 242						
David Abbott	150	364	380	380	173	
MEN'S 275						
Richard Wilcox	183	441	463	463	210	Raw Bench Best Lifter
MEN'S EQUIPPED						
MASTER'S 60-69						
Mike Facticeau	-158	347	-386	347*	158	Master's Sinlge Lift State Record
Jimmie "Fossil" McCann	143	336	-353	336	153	
MASTER'S 50-59						
Samuel Whitted	143	325	-336	325	148	
TEEN 16-17						
Dylan Short	87.5	215	220	220	100	
MEN'S 181						
Mike Facticeau	-158	347	-386	347	158	
MEN'S 198						
Chris Bright	155	375	-402	375	170	Bench Press Best Lifter



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MEN'S 220

Samuel Whitted

143

325

-336

325

148

*Raw State Records

*Equipped State Records

*American Records