

11/8/2011

2011 NC West Cary Barbell Power Festival

Powerlifting Results Name	WtCls (lb)	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	(1) PL Total	
Women's Raw																
Open																
Laurie Middleswarth	198+	24	303	336	353	353	187	-204	-204	187	402	424	-435	424	965	Best Lifter, State Record
Jamie Langdon	198	35	292	314	-331	314	187	-204	-204	187	303	331	-353	331	832	State Record
Christa Librizzi	198	20	276	-309	309	309	176	-187	187	187	276	314	-342	314	810	
Emily Holt	198	22	182	193	-204	193	132	143	-149	143	243	270	-303	270	606	
Stefanie Kinney	148	25	132	143	-154	143	-116	-127	127	127	198	215	237	237	507	
Men's Raw																
Master's 50-59																
Phillip Capps	220	50	446	474	-502	474	336	364	-375	364	474	513	529	529	1367	State Record
Casey Miller	220	56	265	298	325	325	215	-243	243	243	314	375	419	419	987	State Record
Peter Rizzo	275	53	-298	-298	-309	0	160	165	176	176	298	309	320	320	0	
Master's 40-49																
James "Jay" Thompson	148	47	276	303	325	325	226	-243	243	243	347	386	402	402	970	State Record
James Montgomery	220	47	386	402	-408	402	281	-298	-298	281	463	474	485	485	1168	
Jim Crosby	198	40	320	331	347	347	248	259	-281	259	386	430	-452	430	1036	
Ronnie Garner	165	42	220	248	-292	248	215	237	-265	237	325	353	364	364	849	
Teen 18-19 yrs.																
Ben Byerly	275	19	408	446	485	485	408	441	-452	441	502	573	-595	573	1499	Best Lifter, State Record
Casey Shoe	275+	19	358	408	446	446	325	347	-364	347	502	551	601	601	1394	State Record
Teen 16-17 yrs.																
Aaron Stroud	148	17	314	325	336	336	231	248	254	254	358	375	-380	375	965	State Record
Adam Rippy	198	16	248	270	-380	270	-237	237	-276	237	320	347	397	397	904	State Record
Yi Cheng Li	148	17	-209	-209	-209	0	226	237	-254	237	347	364	-386	364	0	
Teen 14-15 yrs.																
Rahim Winston	123	15	165	193	231	231	116	132	160	160	204	226	309	309	700	State Record
Men's 132																
Deron Euland	132	23	265	298	309	309	254	287	0	287	314	-408	408	408	1003	State Record
Men's 148																
James "Jay" Thompson	148	47	276	303	325	325	226	-243	243	243	347	386	402	402	970	

Powerlifting Results Name	WtCls (lb)	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	(1) PL Total
Men's 165															
Ronnie Garner	165	42	220	248	-292	248	215	237	-265	237	325	353	364	364	849
Men's 181															
Patrick Cottle	181	26	391	424	-452	424	276	-303	-303	276	424	452	-485	452	1152
Daniel Litton	181	25	331	364	-391	364	243	259	-276	259	402	452	491	491	1113
Reid Sassman	181	28	259	281	303	303	226	237	-248	237	353	386	402	402	942
Men's 198															
Brian Brookshire	198	35	-336	375	-402	375	298	320	-331	320	474	507	524	524	1218
Jim Crosby	198	40	320	331	347	347	248	259	-281	259	386	430	-452	430	1036
Men's 220															
Phillip Capps	220	50	446	474	-502	474	336	364	-375	364	474	513	529	529	1367
Jeremy Scott	220	22	358	402	-413	402	265	-303	-303	265	513	546	-568	546	1213
James Montgomery	220	47	386	402	-408	402	281	-298	-298	281	463	474	485	485	1168
Casey Miller	220	56	265	298	325	325	215	-243	243	243	314	375	419	419	987
Michael Stephen Sellers	220	38	132	149	187	187	-132	182	209	209	-182	309	408	408	805
Men's 275															
Ben Byerly	275	19	408	446	485	485	408	441	-452	441	502	573	-595	573	1499
Peter Rizzo	275	53	-298	-298	-309	0	160	165	176	176	298	309	320	320	0
Men's SHW															
Jeremy Leonard	275+	22	529	568	-612	568	364	-380	-380	364	606	-672	-672	606	1538
Casey Shoe	275+	19	358	408	446	446	325	347	-364	347	502	551	601	601	1394
Josh Mc Laurin	275+	36	-364	364	-386	364	320	342	353	353	397	419	441	441	1157
Men's Equipped															
Master's 60-69 yrs.															
Mike Facteau	181	62	402	474	-502	474	-342	-342	-342	0	0	0	0	0	0
Master's 50-53 yrs.															
David Abbott	242	53	474	524	-551	524	342	386	-391	386	441	485	502	502	1411
Craig Smitley	220	56	-474	502	-540	502	-281	320	331	331	457	468	-480	468	1301
Kevin Meile	275	57	408	435	474	474	314	331	342	342	430	474	529	529	1345
Gary Lindsey	198	54	325	0	0	325	243	287	0	287	353	397	-430	397	1009
Teen 16-17 yrs.															
William Nathan Graham	165	17	347	380	-408	380	193	254	265	265	325	347	353	353	998

Best Lifter

State Record
State Record

Powerlifting Results Name	WtCls (lb)	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	(1) PL Total
Men's 181 Mike Facticeau	181	62	402	474	-502	474	-342	-342	-342	0	0	0	0	0	0
Men's 198 Gary Lindsey	198	54	325	0		325	243	287	0	287	353	397	-430	397	1009
Men's 220 Craig Smitley	220	56	-474	502	-540	502	-281	320	331	331	457	468	-480	468	1301
Men's 242 David Abbott	242	53	474	524	-551	524	342	386	-391	386	441	485	502	502	1411
Men's 275 Kevin Meile	275	57	408	435	474	474	314	331	342	342	430	474	529	529	1345
Men's SHW Adam Kicklighter	275+	26	402	441	-457	441	265	303	-314	303	468	496	-513	496	1240

Best Lifter

Bench Press Results Name	WtCls (lb)	Age	BP-1	BP-2	BP-3	Best BP	
Women's Raw							
Women's SHW Laurie Middleswarth	198+	24	187	-204	-204	187	
Women's 123 Kathy A. Chassert	123	61	84	90	94	94	
Master's 60-69 yrs. Kathy A. Chassert	123	61	84	90	94	94	State Record
Men's Raw							
Master's 60-69 yrs. James "Tom" Newnam	165	67	270	281	287	287	State Record
Master's 50-59 yrs. Phillip Capps	220	50	336	364	-375	364	State Record
Samuel Whitted	220	58	320	331	-342	331	

Bench Press Results Name	WtCls (lb)	Age	BP-1	BP-2	BP-3	Best BP	
Master's 40-49 yrs.							
Ronnie Garner	165	42	215	237	-265	237	
Steve Turlington	181	45	226	248	-276	248	
Teen 18-19 yrs.							
Ben Byerly	275	19	408	441	-452	441	State Record
Teen 16-17 yrs.							
Yi Cheng Li	148	17	226	237	-254	237	State Record
Adam Rippy	198	16	-237	237	-276	237	
Men's 132							
Deron Euland	132	23	254	287	0	287	
Men's 148							
Theopolis Ussery	148	29	276	292	-314	292	
Men's 165							
James "Tom" Newnam	165	67	270	281	287	287	
Ronnie Garner	165	42	215	237	-265	237	
Men's 181							
Kenyatta Wilson	181	32	347	369	380	380	Best Lifter, State Record
Daniel Litton	181	25	243	259	-276	259	
Steve Turlington	181	45	226	248	-276	248	
Men's 220							
Phillip Capps	220	50	336	364	-375	364	
Samuel Whitted	220	58	320	331	-342	331	
Jonathan Turlington	220	27	265	276	-287	276	
Men's 242							
Ryan Ingram	242	21	413	430	441	441	
Men's 275							
Ben Byerly	275	19	408	441	-452	441	
Men's SHW							
Michael Neal	275+	42	507	-529	-529	507	

Bench Press Results Name	WtCls (lb)	Age	BP-1	BP-2	BP-3	Best BP	
Men's Equipped							
Master's 60-69 yrs							
Mike Facteau	181	62	-342	-342	-342	0	
Master's 50-59 yrs.							
David Abbott	242	53	342	386	-391	386	
Samuel Whitted	220	58	320	331	-342	331	
Men's 165							
Ryan Facteau	165	21	386	424	452	452	State Record
Men's 181							
Mike Facteau	181	62	-342	-342	-342	0	
Men's 220							
Samuel Whitted	220	58	320	331	-342	331	