

POWER

2008 USAPL NORTH CAROLINA STATE CHAMPIONSHIPS

Name	Age	BWt (Lb)	WtCls (Lb)	SQ1	SQ2	SQ3	Best Squat	BP1	BP2	BP3	Best Bench	DL1	DL2	DL3	Best Deadlift	TOTAL	WILKS TOTAL
WOMEN																	
Jen Gonzales	26	142	148	193	226	-237	226	154	171	-176	171	292	320	325	325	722	763
Nnenna Okwara	17	211.3	UNL	88	-138	138	138	138	149	-160	149	303	325	-353	325	612	516 <i>*teen record</i>
Miranda Partlow	13	131	132	88	-138	138	138	66	72	-77	72	132	165	-204	165	375	421 <i>*youth record</i>
MEN																	
MEN'S 148																	
Ryan Facteau	18	145.1	148	-353	380	-402	380	265	298	309	309	375	430	457	457	1146	902
Joe Blakeney	17	146.9	148	132	182	-204	182	138	160	165	165	325	-369	-369	325	672	524
MEN'S 165																	
Travis Bates	24	157.4	165	-342	342	347	347	-276	276	-292	276	502	513	-524	513	1135	838
MEN'S 181																	
Daniel Schmoyer	24	178.4	181	353	380	397	397	325	-336	-336	325	402	430	474	474	1196	811
Keith Leonard	28	178.9	181	-347	-347	-347	0	209	231	259	259	386	424	480	480	0	0
MEN'S 198																	
Donovan Thompson (guest)	42	183.5	198	380	402	424	424	342			342	402	452	474	474	1240	826
Allen Davis	54	198.1	198	325	331	397	397	325	342	-353	342	402	452	480	480	1218	778
Nicholas Miceli	29	197.4	198	380	402	-419	402	314	331	-336	331	424	441	463	463	1196	766
Joseph Warrick	44	192.5	198	314	-342	358	358	270	287	303	303	369	408	424	424	1086	704
MEN'S 220																	
Todd Shelton	39	216.3	220	-546	584	-595	584	419	-435	-435	419	612	639	-664	639	1642	1007 <i>*best equipped lifter</i>
Lewis Galloway	38	213.8	220	303	-397	408	408	380	-408	408	408	314	386	452	452	1268	781
MEN'S 242																	
Adam Harman (DT)	31	237.5	242	452	480	518	518	353	380	402	402	446	485	-529	485	1405	833

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2008 USAPL NORTH CAROLINA STATE CHAMPIONSHIPS

Name	Age	BWt (Lb)	WtCls (Lb)	SQ1	SQ2	SQ3	Best Squat	BP1	BP2	BP3	Best Bench	DL1	DL2	DL3	Best Deadlift	TOTAL	WILKS TOTAL	
Tom Simon	43	240.2	242	419	441	452	452	336	358	364	358	446	474	502	502	1312	774	
Donald Huntsinger	47	229.6	242	430	457	474	474	276	298	298	276	413	435		435	1185	710	
Aaron Joyce	20	236	242	375	402	402	402	276	298	298	298	474	502	502	474	1174	697	
Martin Best	52	226.8	242	331	364	375	375	226	226		226	452			452	1053	634	
Russell Sanders	36	230.9	242	55			55	55			55	480	513	513	480	590	353	
Bill Schmidt	48	229	242	435	474	507	507				0				0	0	0	
Richard Wilcox	41	242.1	242	573	595	604	0	463	502		502				0	0	0	
MEN'S 275																		
Chris Dennis (DT)	25	245.6	275	502	524	554	524	364	380	380	380	562	604	604	562	1466	859	
Jeremy Leonard	19	261	275	452	480	513	480	298	314	331	331	496	529	562	562	1372	792	
Jimmie "Fossil" McCann	65	270.6	275	402	402		402	314	336	336	336	402	430		430	1168	668	
TEEN 16-17																		
Joe Blakeney	17	146.9	148	132	182	204	182	138	160	165	165	325	369	369	325	672	524	
TEEN 18-19																		
Ryan Facteau	18	145.1	148	353	380	402	380	265	298	309	309	375	430	457	457	1146	902	<i>*teen record</i>
Jeremy Leonard	19	261	275	452	480	513	480	298	314	331	331	496	529	562	562	1372	792	<i>*teen record</i>
MASTERS 40-44																		
Donovan Thompson (guest)	42	183.5	198	380	402	424	424	342			342	402	452	474	474	1240	826	
Tom Simon	43	240.2	242	419	441	452	452	336	358	364	358	446	474	502	502	1312	774	
Joseph Warrick	44	192.5	198	314	342	358	358	270	287	303	303	369	408	424	424	1086	704	
Richard Wilcox	41	242.1	242	573	595	604	0	463	502		502				0	0	0	
MASTERS 45-49																		
Donald Huntsinger	47	229.6	242	430	457	474	474	276	298	298	276	413	435		435	1185	710	

POWER

2008 USAPL NORTH CAROLINA STATE CHAMPIONSHIPS

Name	Age	BWt (Lb)	WtCls (Lb)	SQ1	SQ2	SQ3	Best Squat	BP1	BP2	BP3	Best Bench	DL1	DL2	DL3	Best Deadlift	TOTAL	WILKS TOTAL	
MASTERS 50-54																		
Allen Davis	54	198.1	198	325	331	397	397	325	342	-353	342	402	452	480	480	1218	778	
Martin Best	52	226.8	242	331	364	375	375	-226	226		226	452			452	1053	634	
MASTERS 65-69																		
Jimmie "Fossil" McCann	65	270.6	275	-402	402		402	-314	-336	336	336	402	430		430	1168	668	<i>*masters record</i>

RAW POWER

2008 USAPL NORTH CAROLINA STATE CHAMPIONSHIPS

Name	Age	BWt (Lb)	WtCls (Lb)	SQ1	SQ2	SQ3	Best Squat	BP1	BP2	BP3	Best Bench	DL1	DL2	DL3	Best Deadlift	TOTAL	WILKS TOTAL	
WOMEN																		
Jen Gonzales	26	142	148	193	226	-237	226	154	171	-176	171	292	320	325	325	722	763	*open record
Nnenna Okwara	17	211.3	UNL	88	-438	138	138	138	149	-160	149	303	325	-353	325	612	516	*open & teen record
Miranda Partlow	13	131	132	88	-438	138	138	66	72	-77	72	132	165	-204	165	375	421	*youth record
MEN																		
MEN'S 148																		
Joe Blakeney	17	146.9	148	132	182	-204	182	138	160	165	165	325	-369	-369	325	672	524	*open record
MEN'S 165																		
Travis Bates	24	157.4	165	-342	342	347	347	-276	276	-292	276	502	513	-524	513	1135	838	*junior record
MEN'S 181																		
Daniel Schmoyer	24	178.4	181	353	380	397	397	325	-336	-336	325	402	430	474	474	1196	811	
Keith Leonard	28	178.9	181	-347	-347	-347	0	209	231	259	259	386	424	480	480	0	0	
MEN'S 198																		
Donovan Thompson (guest)	42	183.5	198	380	402	424	424	342			342	402	452	474	474	1240	826	
Allen Davis	54	198.1	198	325	331	397	397	325	342	-353	342	402	452	480	480	1218	778	
Nicholas Miceli	29	197.4	198	380	402	-419	402	314	331	-336	331	424	441	463	463	1196	766	
Joseph Warrick	44	192.5	198	314	-342	358	358	270	287	303	303	369	408	424	424	1086	704	
MEN'S 220																		
Lewis Galloway	38	213.8	220	303	-397	408	408	380	-408	408	408	314	386	452	452	1268	781	*open & submasters record
MEN'S 242																		
Adam Harman	31	237.5	242	452	480	518	518	353	380	402	402	446	485	-529	485	1405	833	
Tom Simon	43	240.2	242	419	-444	452	452	336	358	-364	358	446	474	502	502	1312	774	
Aaron Joyce	20	236	242	375	-402	402	402	276	-298	298	298	474	-502	-502	474	1174	697	
Martin Best	52	226.8	242	331	364	375	375	-226	226		226	452			452	1053	634	
Russell Sanders	36	230.9	242	55			55	55			55	480	-513	-513	480	590	353	
Bill Schmidt	48	229	242	435	474	507	507				0				0	0	0	

RAW POWER

2008 USAPL NORTH CAROLINA STATE CHAMPIONSHIPS

Name	Age	BWt (Lb)	WtCls (Lb)	SQ1	SQ2	SQ3	Best Squat	BP1	BP2	BP3	Best Bench	DL1	DL2	DL3	Best Deadlift	TOTAL	WILKS TOTAL	
MEN'S 275																		
Chris Dennis	25	245.6	275	502	524	-554	524	364	-380	380	380	562	-604	-604	562	1466	859	*best raw lifter
Jeremy Leonard	19	261	275	452	480	-543	480	298	314	331	331	496	529	562	562	1372	792	
TEEN 16-17																		
Joe Blakeney	17	146.9	148	132	182	-204	182	138	160	165	165	325	-369	-369	325	672	524	*teen record
TEEN 18-19																		
Jeremy Leonard	19	261	275	452	480	-543	480	298	314	331	331	496	529	562	562	1372	792	*teen record
MASTERS 40-44																		
Donovan Thompson (guest)	42	183.5	198	380	402	424	424	342			342	402	452	474	474	1240	826	*masters record
Joseph Warrick	44	192.5	198	314	-342	358	358	270	287	303	303	369	408	424	424	1086	704	
Tom Simon	43	240.2	242	419	-444	452	452	336	358	-364	358	446	474	502	502	1312	774	
MASTERS 50-54																		
Allen Davis	54	198.1	198	325	331	397	397	325	342	-353	342	402	452	480	480	1218	778	*masters record
Martin Best	52	226.8	242	331	364	375	375	-226	226		226	452			452	1053	634	*masters record

BENCH

2008 USAPL NORTH CAROLINA STATE CHAMPIONSHIPS

Name	Age	BWt (Lb)	WtCls (Lb)	BP1	BP2	BP3	Best Bench	WILKS BENCH	
WOMEN									
Tammy Walker	40	170.4	181	204	209	215	215	200.6995	*open & masters record
MEN									
MEN'S 165									
John Petruzzi	20	157.4	165	270	281	-292	281	207.4622	*junior record
Dan Boskovich	52	162.5	165	204	220	-231	220	158.6924	
MEN'S 198									
Donovan Thompson (guest)	42	183.5	198	342	430	-452	430	286.5453	
Jim Harman	59	190.6	198	287	303	309	309	201.5047	
Allen Davis	54	198.1	198	325	342	-353	342	218.507	
MEN'S 220									
Lewis Galloway	38	213.8	220	380	-408	408	408	251.4873	
MEN'S 242									
Richard Wilcox (DT)	41	242.1	242	463	502		502	295.5757	*best equipped bencher
Samuel Whitted	54	222.9	242	320	331	-353	331	200.5713	
Martin Best	52	226.8	242	-226	226		226	136.0469	
Don Hall	55	239.6	242	-292	-292	-292	0	0	
MEN'S 275									
Jimmie "Fossil" McCann	65	270.6	275	-314	-336	336	336	192.199	
MASTERS 40-44									
Richard Wilcox	41	242.1	242	463	502		502	295.5757	*masters record
Donovan Thompson (guest)	42	183.5	198	342	430	-452	430	286.5453	*masters record
MASTERS 50-54									
Allen Davis	54	198.1	198	325	342	-353	342	218.507	
Samuel Whitted	54	222.9	242	320	331	-353	331	200.5713	
Dan Boskovich	52	162.5	165	204	220	-231	220	158.6924	*masters record
Martin Best	52	226.8	242	-226	226		226	136.0469	
MASTERS 55-59									
Jim Harman	59	190.6	198	287	303	309	309	201.5047	*masters record
Don Hall	55	239.6	242	-292	-292	-292	0	0	
MASTERS 65-69									
Jimmie "Fossil" McCann	65	270.6	275	-314	-336	336	336	192.199	*masters record

RAW BENCH

2008 USAPL NORTH CAROLINA STATE CHAMPIONSHIPS

Name	Age	BWt (Lb)	WtCls (Lb)	BP1	BP2	BP3	Best Bench	WILKS BENCH	
WOMEN									
Tammy Walker	40	170.35	181	204	209	215	215	200.6995	*open & masters record
MEN									
MEN'S 165									
John Petruzzi	20	157.4	165	270	281	-292	281	207.4622	*open & junior record
Dan Boskovich	52	162.5	165	204	220	-234	220	158.6924	
MEN'S 198									
Donovan Thompson (guest)	42	183.5	198	342			342	227.9035	
Allen Davis	54	198.1	198	325	342	-353	342	218.507	
MEN'S 220									
Lewis Galloway	38	213.8	220	380	-408	408	408	251.4873	*open & submasters record/best raw bencher
MEN'S 242									
Samuel Whitted	54	222.9	242	320	331	-353	331	200.5713	
Martin Best	52	226.8	242	-226	226		226	136.0469	
Don Hall	55	239.6	242	-292	-292	-292	0	0	
MASTERS 40-44									
Donovan Thompson (guest)	42	183.5	198	342			342	227.9035	*masters record
MASTERS 50-54									
Allen Davis	54	198.1	198	325	342	-353	342	218.507	
Samuel Whitted	54	222.9	242	320	331	-353	331	200.5713	
Dan Boskovich	52	162.5	165	204	220	-234	220	158.6924	*masters record
Martin Best	52	226.8	242	-226	226		226	136.0469	

RAW BENCH

2008 USAPL NORTH CAROLINA STATE CHAMPIONSHIPS

Name	Age	BWt (Lb)	WtCls (Lb)	BP1	BP2	BP3	Best Bench	WILKS BENCH
MASTERS 55-59								
Don Hall	55	239.6	242	-292	-292	-292	0	0

Meet Results

Name	Age	BWt (Lb)	WCls (Lb)	SQ1	Squat 1	SQ2	Squat 2	SQ3	Squat 3	Best Squat	Best Squat	BP1	Bench 1	BP2	Bench 2	BP3	Bench 3	Best Bench	Best Bench	WILKS BENCH	DL1	Dead lift 1	DL2	Dead lift 2	DL3	Dead lift 3	TOTAL	PL Total	WILKS TOTAL	Open Div	Age Div	Misc Div	Open Div	Age Div	Misc Div	Open Div	Age Div	Misc Div						
WOMEN																																												
Miranda Partlow	13	131	132	88	40	-138	-62.5	138	62.5	138	62.5	66	30	72	32.5	-77	-36	72	32.5	80.878	132	60	165	75	-204	-92.5	375	170.0	421															
Jen Gonzales	26	142	148	193	87.5	226	102.5	-237	-107.5	226	102.5	154	70	171	77.5	-176	-80	171	77.5	180.62	292	132.5	320	145	325	147.5	722	327.5	763	O														
Nhenna Okwara	17	211.3	UNL	88	40	-138	-62.5	138	62.5	138	62.5	138	62.5	149	67.5	-160	-72.5	149	67.5	125.73	303	137.5	325	147.5	-363	-160	612	277.5	516															
MEN																																												
MENS 148																																												
Ryan Facticeau	18	145.1	148	-369	-160	380	172.5	-402	-182.5	380	172.5	265	120	298	135	309	140	309	140	243.18	375	170	430	195	457	207.5	1146	520.0	902							O	T3							
Joe Blakeney	17	146.9	148	132	60	182	82.5	-204	-92.5	182	82.5	138	62.5	160	72.5	165	75	165	75	128.55	325	147.5	-369	-167.5	-369	-167.5	672	305.0	524															
MENS 165																																												
Travis Bates	24	157.4	165	-342	-165	342	155	347	157.5	347	157.5	-276	-125	276	125	-282	-132.5	276	125	203.77	502	227.5	513	232.5	-524	-237.5	1135	515.0	838	O														
MENS 181																																												
Daniel Schmoyer	24	178.4	181	353	160	380	172.5	397	180	397	180	325	147.5	-336	-152.5	-336	-152.5	325	147.5	220.3	402	182.5	430	195	474	215	1196	542.5	811	O														
Keith Leonard	28	178.9	181	-347	-167.5	-347	-167.5	-347	-167.5	0	0	209	95	231	105	259	117.5	259	117.5	175.26	386	175	424	192.5	480	217.5	0	0.0	0	O														
MENS 198																																												
Dorevan Thompson (guest)	42	183.5	198	380	172.5	402	182.5	424	192.5	424	192.5	342	155					342	155	227.9	402	182.5	452	205	474	215	1240	562.5	826	O	M1													
Allen Davis	54	198.1	198	325	147.5	331	150	397	180	397	180	325	147.5	342	155	-363	-160	342	155	218.51	402	182.5	452	205	480	217.5	1218	552.5	778	O	M3													
Nicholas Miceli	29	197.4	198	380	172.5	402	182.5	-419	-190	402	182.5	314	142.5	331	150	-336	-152.5	331	150	211.86	424	192.5	441	200	463	210	1196	542.5	766	O														
Joseph Warrick	44	192.5	198	314	142.5	-342	-166	358	162.5	358	162.5	270	122.5	287	130	303	137.5	303	137.5	196.53	369	167.5	408	185	424	192.5	1086	492.5	704	O	M1													
MENS 220																																												
Todd Shelton	39	216.3	220	-546	-247.5	584	265	-595	-270	584	265	419	190	-435	-197.5	-435	-197.5	419	190	256.99	612	277.5	639	290	-664	-300	1642	745.0	1007									O						
Lewis Galloway	38	213.8	220	303	137.5	-397	-180	408	185	408	185	380	172.5	-408	-186	408	185	408	185	251.49	314	142.5	386	175	452	205	1268	575.0	781	O														
MENS 242																																												
Adam Harman	31	237.5	242	452	205	480	217.5	518	235	518	235	353	160	380	172.5	402	182.5	402	182.5	238.14	446	202.5	485	220	-529	-240	1405	637.5	833	O														
Tom Simon	43	240.2	242	419	190	-444	-200	452	205	452	205	336	152.5	358	162.5	-364	-165	358	162.5	211.31	446	202.5	474	215	502	227.5	1312	595.0	774	O	M1													
Donald Huntsinger	47	229.6	242	430	195	457	207.5	474	215	474	215	276	125	-298	-136	-298	-136	276	125	165.4	413	187.5	435	197.5			1185	537.5	710									O	M2					
Aaron Joyce	20	236	242	375	170	-402	-182.5	402	182.5	402	182.5	276	125	-298	-136	298	135	298	135	176.9	474	215	-662	-227.5	-502	-227.5	1174	532.5	697	O														
Martin Best	52	226.8	242	331	150	364	165	375	170	375	170	-226	-102.5	226	102.5			226	102.5	136.05	452	205					1053	477.5	634	O	M3			O	M3									
Russell Sanders	36	230.9	242	55	25					55	25	55	25	25				55	25	32.895	480	217.5	-543	-232.5	-543	-232.5	590	267.5	353	O														
Bill Schmidt	48	229	242	435	197.5	474	215	507	230	507	230									0	0	0					0	0.0	0	O	M2													
Richard Wilcox	41	242.1	242	-673	-260	-695	-270	-604	-272.5	0	0	463	210	502	227.5			502	227.5	295.58							0	0.0	0								O	M1			O	M1		
MENS 275																																												
Chris Dennis	25	245.6	275	502	227.5	524	237.5	-564	-260	524	237.5	364	165	-380	-172.5	380	172.5	380	172.5	222.78	562	255	-604	-272.5	-604	-272.5	1466	665.0	859	O														
Jeremy Leonard	19	261	275	452	205	480	217.5	-513	-232.5	480	217.5	298	135	314	142.5	331	150	331	150	190.91	496	225	529	240	562	255	1372	622.5	792	O	T3													
Jimmie "Fossil" McCann	65	270.6	275	-402	-182.5	402	182.5			402	182.5	-344	-142.5	-336	-152.5	336	152.5	336	152.5	192.2	402	182.5	430	195			1168	530.0	668										O	M6			O	M6
TEEN 16-17																																												
Joe Blakeney	17	146.9	148	132	60	182	82.5	-204	-92.5	182	82.5	138	62.5	160	72.5	165	75	165	75	128.55	325	147.5	-369	-167.5	-369	-167.5	672	305.0	524															
TEEN 18-19																																												
Ryan Facticeau	18	145.1	148	-369	-160	380	172.5	-402	-182.5	380	172.5	265	120	298	135	309	140	309	140	243.18	375	170	430	195	457	207.5	1146	520.0	902										O	T3				
Jeremy Leonard	19	261	275	452	205	480	217.5	-513	-232.5	480	217.5	298	135	314	142.5	331	150	331	150	190.91	496	225	529	240	562	255	1372	622.5	792	O	T3													
MASTERS 40-44																																												
Dorevan Thompson (guest)	42	183.5	198	380	172.5	402	182.5	424	192.5	424	192.5	342	155					342	155	227.9	402	182.5	452	205	474	215	1240	562.5	826	O	M1							O	M1					
Joseph Warrick	44	192.5	198	314	142.5	-342	-166	358	162.5	358	162.5	270	122.5	287	130	303	137.5	303	137.5	196.53	369	167.5	408	185	424	192.5	1086	492.5	704	O	M1													
Tom Simon	43	240.2	242	419	190	-444	-200	452	205	452	205	336	152.5	358	162.5	-364	-165	358	162.5	211.31	446	202.5	474	215	502	227.5	1312	595.0	774	O	M1													
Richard Wilcox	41	242.1	242	-673	-260	-695	-270	-604	-272.5	0	0	463	210	502	227.5			502	227.5	295.58							0	0.0	0									O	M1			O	M1	
MASTERS 50-54																																												
Allen Davis	54	198.1	198	325	147.5	331	150	397	180	397	180	325	147.5	342	155	-363	-160	342	155	218.51	402	182.5	452	205	480	217.5	1218	552.5	778	O	M3							O	M3					
Martin Best	52	226.8	242	331	150	364	165	375	170	375	170	-226	-102.5	226	102.5			226	102.5	136.05	452	205					1053	477.5	634	O	M3			O	M3									

