

# 2006 USAPL NORTH CAROLINA STATE POWERLIFTING STATE CHAMPIONSHIPS

Name	Age	Div	Bwt (Lb)	WtCls (Lb)	SQ1	SQ2	SQ3	Best Squat	BP1	BP2	BP3	Best Bench	DL1	DL2	DL3	Best Deadlift	WILKS		
																	TOTAL	TOTAL	
<b>GUEST</b>																			
Jennifer Thompson	33	F-O	131.8	132	314	336	-364	336	303	320	-334	320	325	364	-397	364	1020	1140	*open record
<b>WOMEN</b>																			
Melley Fesscha	17	F-T2	155	165	-77	77	105	105	-77	77	-94	77	220	237	-264	237	419	415	*open/teen record
<b>MEN'S 148</b>																			
Kevin Locklear (SC)	35	M-O	148.7	148	331	353	369	369	331	-347	-347	331	331	353	-369	353	1053	812	
<b>MEN'S 165</b>																			
Mike Stanley (SC)	43	M-M1	160.6	165	463	-496	502	502	303	325	-347	325	507	562	-604	562	1389	1010	
Sam Kuntz (GA)	15	M-T1	162.6	165	325	-369	-369	325	204	-226	-226	204	342	380	-408	380	909	656	
Rashad Ingram	17	M-T2	159.3	165	226	265	303	303	154	160	-166	160	353	402	435	435	898	657	*open record
Jimmy Wheaton (SC)	29	M-O	164.4	165	-231	231	243	243	187	198	-220	198	397	408	424	424	865	619	
<b>MENS'181</b>																			
Nicholas Miceli	27	M-O	181.2	181	468	-485	-485	468	369	-394	-394	369	452	463	-494	463	1301	873	*open record
Kurt Sokolski	37	M-O	168	181	452	-502	-502	452	314	-364	-364	314	474	524	-540	524	1290	909	
<b>MEN'S 198</b>																			
Travis Pardue	35	M-O	197.3	198	535	579	590	590	402	419	430	430	546	584	628	628	1648	1055	*submasters record/best lifter
John Demchak	39	M-O	198	198	-507	518	540	540	353	369	-380	369	551	579	-595	579	1488	951	
Buddy Nichols	44	M-M1	196.1	198	-590	-628	-628	0									0	0	
<b>MEN'S 220</b>																			
Bill Schmidt	46	M-O	219.2	220	584	623	-645	623	408	424	446	446	507	628	-650	628	1698	1035	
Scott Smith	33	M-O	217.5	220	551	-604	-604	551	-363	-353	353	353	502	551	-604	551	1455	890	
Grandt McCaulley	25	M-O	215.7	220	496	529	557	557	303	-325	336	336	507	540	-584	540	1433	880	
Ben Kirckhoff	21	M-O	217.3	220	375	402	-443	402	287	-303	303	303	413	452	-467	452	1157	709	
<b>MEN'S 242</b>																			
Kurt Hall	48	M-M2	236.3	242	502	-529	-529	502									0	0	
<b>MEN'S 275</b>																			
Wayne Alsup	55	M-M4	259.8	275	557	573	590	590	364	380	-394	380	623	650	661	661	1631	942	
Kenny Malchow (SC)	43	M-O	267.7	275	628	-672	672	672	-474	-502	-502	0					0	0	
<b>MEN'S SHW</b>																			
Michael Hunt	42	M-M1	275.9	UNL	606	700	705	705	380	402	419	419	551	-604	-604	551	1675	955	
Randy Wingo	17	M-T2	324.1	UNL	138	215	231	231	165	193	-226	193	353	-380	-380	353	777	431	*open record
<b>TEEN 14-15</b>																			
Sam Kuntz (GA)	15	M-T1	162.6	165	325	-369	-369	325	204	-226	-226	204	342	380	-408	380	909	656	
<b>TEEN 16-17</b>																			
Rashad Ingram	17	M-T2	159.3	165	226	265	303	303	154	160	-165	160	353	402	435	435	898	657	*teen record
Randy Wingo	17	M-T2	324.1	UNL	138	215	231	231	165	193	-226	193	353	-380	-380	353	777	431	*teen record
<b>MASTERS 40-44</b>																			
Mike Stanley (SC)	43	M-M1	160.6	165	463	-496	502	502	303	325	-347	325	507	562	-604	562	1389	1010	
Michael Hunt	42	M-M1	275.9	UNL	606	700	705	705	380	402	419	419	551	-604	-604	551	1675	955	*masters record
Buddy Nichols	44	M-M1	196.1	198	-590	-628	-628	0									0	0	
<b>MASTERS 45-49</b>																			
Bill Schmidt	46	M-M2	219.2	220	584	623	-645	623	408	424	446	446	507	628	-650	628	1698	1035	*masters record
Kurt Hall	48	M-M2	236.3	242	502	-529	-529	502									0	0	
<b>MASTERS 55-59</b>																			
Wayne Alsup	55	M-M4	259.8	275	557	573	590	590	364	380	-394	380	623	650	661	661	1631	942	*masters record

NC records in **Blue**

NC Raw records in **Green**

## 2006 USAPL NORTH CAROLINA STATE POWERLIFTING STATE CHAMPIONSHIPS

Name	Age	Div	BWt (Lb)	WtCls (Lb)	BP1	BP2	BP3	Best Bench	Wilks bench	
<b>GUEST</b>										
Jennifer Thompson	33	F-O	131.8	132	303	320	<del>-334</del>	320	357	
<b>WOMEN</b>										
Gina Benton	31	F-O	122.9	123	<del>-160</del>	<del>-182</del>	<b>182</b>	<b>182</b>	215	*open record/best bencher female
Lauren Pardue	36	F-O	152.6	165	<b>66</b>	<b>77</b>	<b>88</b>	<b>88</b>	88	*open record
<b>MEN'S 148</b>										
Kevin Locklear (SC)	35	M-O	148.7	148	331	<del>-347</del>	<del>-347</del>	331	255	
<b>MEN'S 165</b>										
Jon Mouzon (SC)	33	M-O	165.2	165	408	430	<del>-452</del>	430	307	
Mike Stanley (SC)	43	M-O	160.6	165	303	325	<del>-347</del>	325	237	
Tanner Larose	19	M-T3	165.2	165	<b>254</b>	<b>276</b>	<del>-303</del>	<b>276</b>	197	*open records
Gene Blue (SC)	68	M-M6	155.7	165	160	176	<del>-193</del>	176	131	
Jeremy Putmam	29	M-O	164.3	165	<del>-408</del>	<del>-408</del>	<del>-408</del>	0	0	
<b>MEN'S 181</b>										
Adam Mansola (VA)	28	M-O	175.8	181	435	485	<del>-513</del>	485	332	* best bencher male
Nicholas Miceli	27	M-O	181.2	181	369	<del>-394</del>	<del>-394</del>	369	248	
<b>MEN'S 198</b>										
Andrew Smith	36	M-O	191.1	198	276	303	331	331	215	
Derrick Larose	42	M-M1	190.9	198	<b>320</b>	<del>-334</del>	<del>-334</del>	<b>320</b>	208	*open record
<b>MEN'S 220</b>										
Mike McCoy	15	M-T1	208.1	220	<del>-314</del>	<del>-342</del>	342	342	213	
<b>MEN'S 242</b>										
Eric Jones	36	M-O	241.2	242	<b>408</b>	<b>452</b>	<del>-468</del>	<b>452</b>	266	*open record
Dillon Blackmon (SC)	15	M-T1	221.5	242	276	<del>-325</del>	347	347	211	
<b>MEN'S 275</b>										
Jake Heglar (VA)	27	M-O	248.2	275	457	502	518	518	303	
Wayne Alsup	55	M-M4	259.8	275	364	380	<del>-394</del>	380	220	
<b>TEEN 14-15</b>										
Mike McCoy	15	M-T1	208.1	220	<del>-314</del>	<del>-342</del>	<b>342</b>	<b>342</b>	213	*teen record
Dillon Blackmon (SC)	15	M-T1	221.5	242	276	<del>-325</del>	347	347	211	
<b>TEEN 18-19</b>										
Tanner Larose	19	M-T3	165.2	165	<b>254</b>	<b>276</b>	<del>-303</del>	<b>276</b>	197	*teen & raw records
<b>MASTERS 40-44</b>										
Mike Stanley (SC)	43	M-M1	160.6	165	303	325	<del>-347</del>	325	237	
Derrick Larose	42	M-M1	190.9	198	<b>320</b>	<del>-334</del>	<del>-334</del>	<b>320</b>	208	*masters & raw records
<b>MASTERS 55-59</b>										
Wayne Alsup	55	M-M4	259.8	275	<b>364</b>	<b>380</b>	<del>-394</del>	<b>380</b>	220	*masters record
<b>MASTERS 65-69</b>										
Gene Blue (SC)	68	M-M6	155.7	165	160	176	<del>-193</del>	176	131	

NC records in **Blue**

NC Raw records in **Green**