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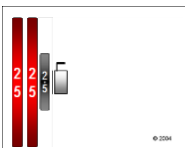
Geoff Dolan		
Deadlift 3	Rack=	
-365.0	Kg	Good
-804.7	Lb	No Lift

Results

Name	M/F Div	Age	Body Wt	Wt cls	Coef	Lot #	PL	Best Squat	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Total	Place Div-Cls	PH	Wilks Total	Best Bench	Wilks Bench	RH Sq	RH BP
Wilbert Jones	M-O	40	41.5	44	1.2736	20	BP		80										80	101.8859			
Adam Woods	M-O	23	57.5	60	0.8874	1	Both	97.5	65	162.5	125	152.5	165		165	327.5	1-M-O-60kg		290.6283	65	57.68196	3	0
Rob Wess	M-M1	40	67.2	67.5	0.7738	2	BP		120											120	92.85311		0
Demetrius Maoury	M-O	38	74.5	75	0.7159	11	BP																0
Nicholas Miceli	M-O	24	82.2	82.5	0.6714	9	PL	137.5	140	277.5	160	175	182.5		182.5	460	1-M-O-82.5kg		308.8321			5	0
Ron Sutton	M-M1	42	80.86	82.5	0.6782	17	BP		100											100	67.81513		0
Adam English	M-T2	17	87.6	90	0.6475	19	PL	217.5	152.5	370	227.5	245	252.5		252.5	622.5	1-M-T2-90kg		403.0531			6	0
Stephen Jordan	M-T2	16	87.1	90	0.6495	15	PL	142.5	137.5	280	120	142.5	182.5		182.5	462.5	2-M-T2-90kg		300.3835			3	0
Bill Schmidt	M-O	44	89.9	90	0.6388	4	PL	275	185	460	275	295	-302.5		295	755	1-M-O-90kg		482.2604			4	0
Todd Shelton	M-O	35	89.2	90	0.6413	3	PL	245	192.5	437.5	275	292.5	-302.5		292.5	730	2-M-O-90kg		468.1677			4	0
Vogi Sumner	M-M4	55	88.7	90	0.6432	8	Both	115	122.5	237.5	142.5	152.5	160		160	397.5	1-M-M4-90kg		255.6742	122.5	78.79268	7	0
Buddy Nichols	M-M1	42	88.2	90	0.6451	6	PL	265	182.5	447.5	237.5	255	-265		255	702.5	1-M-M1-90kg		453.199			2	0
John Deramus	M-M3	53	100	100	0.6086	16	BP		72.5										72.5	44.12271			2
Thomas Jenkins	M-O	28	101.2	110	0.6057	7	Both	200	160	360	180	200	-217.5		200	560	1-M-O-110kg		339.2138	160	96.91822	2	0
Marshall Lewis	M-M5	60	108.7	110	0.5907	13	PL	227.5	147.5	375	210	227.5			227.5	602.5	1-M-M5-110kg		355.8846			6	1
Kurt Hall	M-M2	47	107.8	110	0.5923	12	PL	227.5	190	417.5	230	245	-250		245	662.5	1-M-M2-110kg		392.3727			7in	0
Andre Gilliam	M-O	30	122.4	125	0.5724	18	BP		275											275	157.4012		0
Maurice Washington	M-O	30	135	UNL	0.562	14	BP		215											215	120.8239		0
Geoff Dolan	M-G	30	150	UNL	0.5533	10	PL	320	200	520	320	-365	-365		320	840	1-M-G-UNLkg		464.7682			9in	0
Andrea Anderson	F-O	38	136	UNL	0.7818	5	PL	85			132.5	135	140		140							7	0
Brandon Jessup	M-T3	18	71.8	75	0.7352	21	BP		102.5											102.5	75.35955		

Bar loading graphic

365
How LOAD
Many? Plates on Bar
4 50 2
0 45 0
4 25 2
2 20 1
2 15 0
2 10 0
2 5 0
2 2.5 0
2 1.25 0
4 0.5 0
2 0.25 0
collar 1



Open Female powerlifter			
Deadlift 3	Rack=		
-130.0	Kg	Good	
-286.6	Lb	No Lift	

Results

Name	M/F Div	Age	Body Wt	Wt cls	Coeff	Lot #	PL BP	Squat 1	Squat 2	Squat 3	Squat d	Best Squat	Bench 1	Bench 2	Bench 3	Bench d	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Total	Place Div-Cls	PL	Wilks Total	Master Wilks	Best Bench	Wilks Bench	Master Bench	Rack height Sq	Rack height BP
youth lifter	M-Y1	11	63	67.5	0.817	8	PL	100	105	110		215	65	70	75		145	360	100	110	-120		210	570	1-M-Y1-67.5kg		465.488				90	2	
Teen lifter	M-T2	17	67	67.5	0.776	4	Both	125	145	150		295	-95	-95	-95								245								50	4	
Open Female powerlifter	F-O		66	67.5	1.049	5	PL	110	-145	-145		110	85	90	-100		90	200	120	-130	-130		120	320	1-F-O-67.5kg		335.713				30	4	
Open male powerlifter	M-O	25	72.5	75	0.73	10	Both	160	170	180		350	125	135	140		140	490	210	220	-230		220	710	1-M-O-75kg		518.295	140	102.199				
Junior Lifter	M-O	21	74	75	0.719	11	PL	155	-165	165		320	-125	125	-130		125	445	175	185	190		190	635	2-M-O-75kg		456.764						
Master lifter	M-O	42	74	75	0.719	3	Both	140	145	-150		285	100	105	110		110	395	200	-215	215		215	610	3-M-O-75kg		438.781	447.557	110	79.1245	80.707	50	6
Bench only lifter	M-O	25	73	75	0.726	7	BP						145	-155	155		155											155	112.585		40	5	

Bar loading graphic

130

How Many?	Plates	LOAD on Bar
0	50	0
0	45	0
18	25	2
2	20	0
2	15	0
2	10	0
2	5	0
2	2.5	1
2	1.25	0
4	0.5	0
2	0.25	0
collar		1

DATA

Age	Coeff
10	0
20	0
30	0
40	1
41	1.01
42	1.02
43	1.03
44	1.04
45	1.05
46	1.07
47	1.08
48	1.1
49	1.11
50	1.13
51	1.15
52	1.16
53	1.18
54	1.2
55	1.23
56	1.25
57	1.26
58	1.29
59	1.32
60	1.34
61	1.37
62	1.39
63	1.42
64	1.45
65	1.48
66	1.51
67	1.54
68	1.58
69	1.61
70	1.64
71	1.68
72	1.72
73	1.76
74	1.79
75	1.84
76	1.88
77	1.92
78	1.96
79	2.01
80	2.05

	Weight Classes	
	Male	Female
0	30	30
30.01	35	35
35.01	40	40
40.01	44	44
44.01	48	48
48.01	52	52
52.01	56	56
56.01	60	60
60.01	67.5	67.5
67.51	75	75
75.01	82.5	82.5
82.51	90	90
90.01	100	UNL
100.01	110	UNL
110.01	125	UNL
125.01	UNL	UNL

Age	USAPL Age Div	IPF Age Division
10-11	Y1	
12-13	Y2	
14-15	T1	T1
16-17	T2	T2
17-18	T3	T3
19-23	JR	JR
40	M1	M1
45	M2	M1
50	M3	M2
55	M4	M2
60	M5	M3
65	M6	M3
70	M7	M3
75	M8	M3
80	M9	M3
85	M10	M3
90	M11	M3

Wilkes Formula Calculation Coefficients

Men	-216.04751440000	16.26063390000	-0.00238864500	-0.00113732000	0.00000701863	-0.00000001291
Women	594.31747775582	-27.23842536447	0.82112226871	-0.00930733913	0.00004731582	-0.00000009054

POWER Results

Name	M/F		Wgt		SQ1	SQ2	SQ3	Best Squat	BP1	BP2	BP3	Best Bench	DL1	DL2	DL3	Best Deadlift	TOTAL	Place-Div-Cls	Wilks TOTAL	
	Div	Age	Wgt	class																
TEEN 16-17																				
Adam English	M-T2	17	193	198	402	480	-502	480	314	331	336	336	502	540	557	557	1372	1-M-T2-90kg	889	*teen record
Stephen Jordan	M-T2	16	192	198	-309	314	-441	314	287	303	-314	303	265	314	402	402	1020	2-M-T2-90kg	662	
MEN'S 132																				
Adam Woods	M-O	23	127	132	-174	209	215	215	143	-160	-176	143	276	336	364	364	722	1-M-O-60kg	641	*junior record
MEN'S 181																				
Nicholas Miceli	M-O	24	181	182	287	303	-320	303	270	298	309	309	353	386	402	402	1014	1-M-O-82.5kg	681	
MEN'S 198																				
Bill Schmidt	M-O	44	198	198	551	606		606	380	408	-413	408	606	650	-667	650	1664	1-M-O-90kg	1063	best lifter
Todd Shelton	M-O	35	197	198	518	540	-557	540	408	419	424	424	606	645	-667	645	1609	2-M-O-90kg	1032	
MEN'S 242																				
Thomas Jenkins	M-O	28	223	243	375	402	441	441	298	331	353	353	397	441	-480	441	1235	1-M-O-110kg	748	
MASTERS 60-64																				
Marshall Lewis	M-M5	60	240	243	452	502	-535	502	-303	303	325	325	463	502		502	1328	1-M-M5-110kg	785	*masters record
MASTERS 55-59																				
Vogi Sumner	M-M4	55	196	198	226	237	254	254	248	259	270	270	314	336	353	353	876	1-M-M4-90kg	564	*masters record
MASTERS 45-49																				
Kurt Hall	M-M2	47	238	243	441	480	502	502	364	391	419	419	507	540	-551	540	1461	1-M-M2-110kg	865	*masters record
MASTERS 40-44																				
Bill Schmidt	M-M1	44	198	198	551	606		606	380	408	-413	408	606	650	-667	650	1664	1-M-M1-90kg	1063	*masters record
Buddy Nichols	M-M1	42	194	198	540	584	-617	584	353	380	402	402	524	562	-584	562	1549	2-M-M1-90kg	999	
GUEST LIFTER																				
Geoff Dolan	M-G	30	331	UNL	-705	705	-805	705	397	441		441	705	-805	-805	705	1852	1-M-G-UNLkg	1025	
FEMALE																				
Andrea Anderson	F-O	38	300	UNL	-187	187	-198	187	-149	-149	-149		292	298	309	309				

BENCH Results

Name	M/F Div	Age	Body Wt	WGT class	BP1	BP2	BP3	Best Bench	Wilks Bench	
MEN'S 114										
Wilbert Jones	M-O	40	91	114	154	176	-204	176	225	*masters record
MEN'S 132										
Adam Woods	M-O	23	127	132	143	-160	-176	143	127	*junior record
MEN'S 165										
Demetrius Maoury	M-O	38	164	165	-413	-413	-413	0	0	
MEN'S 242										
Thomas Jenkins	M-O	28	223	242	298	331	353	353	214	
MEN'S 275										
Andre Gilliam	M-O	30	270	275	606	-617	-617	606	347	*open record
MEN'S SHW										
Maurice Washington	M-O	30	298	UNL	474	-502	0	474	266	
MASTERS 55-59										
Vogi Sumner	M-M4	55	196	198	248	259	270	270	174	*masters record
MASTERS 50-54										
John Deramus	M-M3	53	220	220	-121	-160	160	160	97	
MASTERS 40-44										
Rob Wess	M-M1	40	148	148	237	254	265	265	205	*masters record
Ron Sutton	M-M1	42	178	181	187	-220	220	220	150	*masters record